

# RENEW YOGA

224 S Beach St, Daytona Beach

## Yoga Philosophy & Lifestyle

### SATURDAY CEU CLASSES



**Oct 29th** 1:00 - 4:00  
Essential Breathing/Pranayama

**Nov 19th** 1:00 - 4:00  
Patanjali's 8 Limb Path

**Dec 10th** 1:00 - 4:00  
Karma Yoga: Path of Action

**Jan 14th** 1:00 - 4:00  
Chakra Healing

**Feb 11** 1:00 - 4:00  
Jnana Yoga: Path of Knowledge

Each class fee is \$20  
3 Yoga Alliance CEU's per class

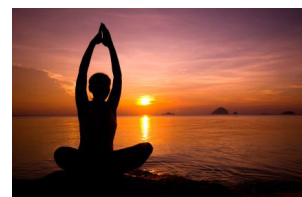
Each class ends with a Yoga Nidra session

Register w/ Suzanne: [WellConnected@me.com](mailto:WellConnected@me.com)  
Pre-registration only. Pls. no walk ins.

with Suzanne DeWees,  
Ph.D.

Suzanne (Rambha) is a certified Professional Kripalu Yoga Teacher for over 30 years. She was awarded the title "Acharya" (spiritual anchor) by Yogi Amrit Desai in 1992.

E-RYT 500  
Yoga Alliance #53755  
3 CEU's per session



[suzannedeweess.com](http://suzannedeweess.com)