

# Spiritual GPS

1156 MARION ST, CASSADAGA



Friday 7:00-8:30 p.m.  
with Dr. Suzanne DeWees  
Nov 4th - December 9th



This class intention is to develop our capacity to "listen" to our spirit guides, and to spirit....  
...paying attention to that calm inner directive that is the correct path for us at any given time.

Each class is both part of a series, and yet also self-contained. This means that you can drop in to any class at any juncture and still feel that you have something worthwhile to take home with you.

Each class consists of a short guided meditation, instruction, a period of silence, and a discussion on how to follow our **Spiritual GPS** with greater ease.

Please email to register for the class or to submit questions:  
[WellConnected@me.com](mailto:WellConnected@me.com)

Fee: \$10 per class

Dr. Suzanne DeWees was awarded her Ph.D. from the Union Institute and University in *Integral Health*.

She has been a certified Professional Kripalu Yoga Teacher for over 30 years. She has studied and "sat" over 180 days in silent meditation retreats in the U.S., Burma, Thailand, Nepal and India. Most recently, she has attended Vedanta retreats on non-dual wisdom.

Awarded the title "Acharya", or Spiritual Anchor, by Yogi Amrit Desai in 1992, she has served spiritual seekers in many capacities. She is an Ordained Minister, certified medium, healer and teacher at S.C.S.C.M.A.

**The Whole World is One Family**

